



Resources to support home learning in PE

This document is a suggestion of ideas that you may find helpful in supporting your child/ren. It is not exhaustive and is not essential. If you have a resource you've found to be helpful, please inform your class teacher and we can add it to the list.

If you have any questions, please ask us, in person or by email to the school office.

Thank you

Manipulatives (manipulatives are relevant at all ages and stages.)

Balls, different sizes and shapes (balled up socks could replace smaller balls!)

Skipping ropes

Balloons (and excellent start for younger, less confident children)

Bat or racket of some type, child size.

A decent pair of trainers or shoes, with a non-slip sole, that can be fastened so they don't slip off

Online

Go Noodle <https://www.gonoodle.com>

Cosmic Yoga <https://www.cosmickids.com>

Apps

Go Noodle

Other